



# Friday Flyer



Northchapel Primary School and Little Oaks Pre-school

**SAFE KIND READY**

Future Key Dates				
Friday 5th February		Half term: 15th—19th February 2021		
Mon 8th Feb 2021	Tues 9th Feb	Weds 10th Feb	Thurs 11th Feb	Fri 12th Feb

I hope that the children have enjoyed thinking about Children’s Mental Health this week. It has been lovely to join in with the NHS Heads on Hearts of Gold theme. If you haven’t hung your hearts up in your window please do so. If you are on social media they would like us to raise the profile of it by tagging them in your photos. Facebook @headsoncharity Twitter @HeadsOnCharity Instagram @HeadsOnCharity #HeartsofGoldNHS

Here is a selection of some of the creative work done by our children this week.



The children said that they really enjoyed doing them and many said that by doing the activity it helped them with feeling good.

Some of the children have taken part in a trial ‘No screen day’ to help with their well being. In Dragonfly class they Mr Eddy has encouraged them to participate in more practical learning and activities, to highlight the importance of spending time away from screens.

Next week, is Internet Safety Week and Tuesday 9<sup>th</sup> is in fact Safer Internet Day. We will be raising awareness with the children through our assemblies and through their class learning. If they haven’t you can do so here: [downloaded http://hectorsworld.netsafe.org.nz/teachers/hectors-world-safety-button/](http://hectorsworld.netsafe.org.nz/teachers/hectors-world-safety-button/)

Thank you to those children who completed the online survey, if you haven’t done so yet please do so as it builds up a picture for us as to how the children are doing in general and teachers can act upon it. Some of the children commented that they weren’t getting outside much; I know the weather hasn’t been great but we like to encourage fresh air during breaks for learning to help revitalise them before the next task. I think the weekend ahead appears to be soggy, but I hope that you can get out and make the most of our beautiful countryside to stretch your legs and improve your wellbeing. Next week, is our last week before half term and you all deserve a well earned break. Hopefully then it won’t be too much longer before the children can all return. Fingers crossed!

Deborah