

PE & SCHOOL SPORTS PROGRESSION ROADMAP





The journey starts

All children to achieve a Good Level of Development (GLD) of gross motor skills by the end of Reception

Interventions to support in KS1

Children identified for additional support with gross & fine motor skills (Enabling / Accessing)



Competitions

Children will be introduced to competition -Intra / Inter sportsday / Panathlon / School used





YEAR

KEY STAGE 1 YEAR



Dance

Children will start to explore different cultures through Dance.





YEAR

Fundamental movement skills

Children will learn to swim in Years 3 & 4

Will be developed over KS1

Swimming



Children will start to

YEAR

learn about their bodies

KEY

STAGE 2

Hygiene

Children will learn about the importance of hygiene & well-being

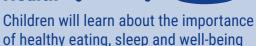


Competition increases

Children will have opportunity for more sports and quality of competition increases to include county / regional finals









Community Clubs

Children will be encouraged to join local clubs - Exit routes / sign-posting



KS2 Games

Will explore transferable skills, knowledge & understanding



Leadership

Children will have opportunities for Sports Leadership



Swimming

All pupils will be able to swim 25m. Interventions to support those who cannot



OAA

Pupils in KS2 will have the opportunity to visit different environments for OAA including residential











Sport specific skills

Children will learn specific sports skills within lessons, applying them in different scenarios and related sports



Strategies, tactics, rules, roles

Children will develop greater understanding of strategies, tactics and rules for sports. They will take on different roles (e.g. umpire, coach)



End of KS2

Children will leave with a love of PE, physical activity and sport. At High School they will engage in opportunities, clubs, teams. They will choose GCSE PE, Sports Leadership & active, healthy lifestyles



